

Information

Contributed by Administrator
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Terminology

An explanation of some of the words associated with specific learning difficulties and disorders.

- Dyscalculia: Difficulty understanding and using symbols, functions, quantity, place value, time, times tables in maths.
- Dyseidetic: Difficulty in vision and memory of letters and word shapes. Unable to develop a sight vocabulary but may acquire adequate phonetic skills.
- Dysgraphia: difficulty in producing handwriting that is legible and age appropriate.
- Dyslexia: Difficulty reading and understanding words.
- Dysnomia: Difficulty remembering names or recalling words.
- Dysorthographia: Difficulty with spelling.
- Dysphonetic: Difficulty breaking words into their component sounds.
- Dyspraxia: Difficulty with drawing, writing, buttoning and other tasks requiring gross and fine motor skills.
- Grapheme-phoneme correspondence: An understanding of letter sound correspondence.
- Learning modalities: Approaches to assessment or instruction stressing the auditory, visual or tactile avenues for learning, dependent on the individual.
- Autism (ASD): is a neurodevelopmental disorder characterised by impaired social interaction, verbal and non-verbal communication, and restricted and repetitive behaviour.
- Attention Deficit Hyperactive Disorder (ADHD): is a mental disorder of the neuro developmental type. It is characterised by problems paying attention, excessive activity, or difficulty controlling behaviour which is not appropriate for a person's age.
- Oppositional Defiant Disorder (ODD): is defined as "a pattern of angry/irritable mood, argumentative/defiant behaviour, or vindictiveness lasting at least six months".
- Obsessive Compulsive Disorder (OCD): is a mental disorder where people feel the need to check things repeatedly, perform certain routines repeatedly (called "rituals"), or have certain thoughts repeatedly.
- Global Developmental Delay (GDD): is an umbrella term used when children are significantly delayed in their cognitive and physical development.

Outside

Agencies Available to Assist

Educational Psychologists List

TRIPLE P PARENT GROUP

Small changes, big differences.

The Triple P group sessions give parents more confidence in their role and the skills to manage challenging behaviour. The small Triple P parenting groups are facilitated by a psychologist. Parents meet others grappling with the same common problems and learn how to use positive parenting strategies, manage misbehaviour, help children develop - and much more.

A few weeks in a Triple P parent group can make raising kids much easier, more fun and really turn family life around. Group starts September 6th. For more information or to register call 09 579 1794 or email: info.nz@triplep.net.nz

TRIPLE P PARENT GROUP (0-12)

Make raising your children easier and more fun. Learn proven parenting strategies and get the tools to deal more confidently with challenging behaviour. Meet other parents grappling with the same problems and learn how to:

- Use positive parenting strategies
- Help children develop
- Manage misbehavior
- Use routines for planning ahead

You will also get individual phone calls from the course psychologist to support you in putting new parenting skills into practice at home.

Triple P New Zealand Ltd

Triple P Centre, Ellerslie

Phone: 09 579 1794

Email: info.nz@triplep.net.nz

Website: <http://www.triplep.net/glo-en/find-out-about-triple-p/triple-p-in-a-nutshell/>

INCREDIBLE YEARS PARENT PROGRAMME

Incredible Years Parent Programmes are running throughout the year. Please register your interest in attending a programme by emailing

\n IncredibleYears.Northern@minedu.govt.nz

This e-mail address is being protected from spam bots, you need JavaScript enabled to view it

Target Participants:

Parents of children aged up to 7 years (Early Years Group) or up to 10 years (School Age Group) where one or more children have significant behavioural concerns.

About the Programme:

The Incredible Years programme is a highly evidence based and extensively evaluated programme. It has a 25 year history and operates successfully in many countries.

Programmes in New Zealand show reductions in problem behaviours across a range of families and cultures.

The Incredible Years Parent programme is intended to reduce challenging behaviours and increase social and self-control behaviours in children. The course supports parents to build positive relationships with their children, and manage problem behaviours.

Parents will further their abilities in spending positive time with their children, praising and rewarding, setting limits, dealing with disobedience and helping their children to problem solve.

The aim is to support a more enjoyable family life and kids who can get on better with others and succeed at school.

Topics include:

helping your child learn through play

using praise and encouragement to motivate your child

using incentives to teach your child new behaviours

setting limits

following through with limits and rules

decreasing your child's inappropriate behaviours

teaching children to solve problems.

See below for where The Incredible Years programme is offered in:

Further information can be found at www.minedu.govt.nz or
www.incredibleyears.com

Cost: Free of charge

Email

eastaukland@northern.familyworks.org.nz

Family Works Te Hononga, 10 Mahia Road, Manurewa

PO Box 75432, Manurewa, Manukau 2243

Ph: 09 269 1009

Fax: 09 264 0000

PARENTING PLACE

As a charity the Parenting Place has been at the forefront of providing parents with advice for 20 Year. Their material has helped thousands of families gain greater confidence and skills in their parenting.

Have a look at the website for Hot Tips for Primary Parents.

<http://www.theparentingplace.com/>

Sometimes good parents contribute to their child's anxiety, writes Karen Banes

http://www.nzherald.co.nz/lifestyle/news/article.cfm?c_id=6&objectid=11618070

