ezlunch MENU

Cockle Bay School / Term 3 2023

DailyLunch & Catering

242 Marua Road
Mt Wellington
Auckland
09-579 5499

WARM MAINS

Katsu Chicken On Rice	$9.20
Teriyaki Chicken On rice	$8.90
American Hotdog	$8.50
Beef Burger	$9.20
Macaroni Cheese	$9.20
Gluten Free Macaroni Cheese	$10.70
Spaghetti Bolognese	$9.40
Mild Chilli Bean Nachos (large) with optio...	$8.70
Lasagne	$9.50
Gluten Free Beef Lasagne	$10.90
Oven Baked Spring Rolls with Soya Sauce	$5.80
Jesters Pie	$8.00
Gluten Free Jesters Pie	$10.20
Sausage Roll - Baked Fresh Daily	$4.90
Noodles (Vegetarian)	$7.90
Noodles (Free Range Chicken)	$8.70
Samosa Vegetarian - single	$4.30
Samosas x2 Vegetarian	$8.20
Pork, Chive, Prawn Dumplings (4 pieces)	$8.00
BBQ Pork Bun (1) (Steamed)	$7.50

COLD MAINS

Katsu Chicken on Rice	$9.20
Teriyaki Chicken On Rice	$8.90
Design a Sandwich CHICKEN (Free Range)	$6.00
Design a Sandwich TUNA in Spring Water	$6.00
Design A Sandwich VEGETARIAN	$5.60
Design a Sandwich HAM	$6.00
Round Roll Chicken Salad	$6.00
Round Rolls Ham & Salad	$6.00
Marmite Sandwich	$5.00
Vegemite Sandwich	$5.00
Pita Crisps & Fresh Hummus	$7.20
Green Salad (design your own)	$7.70
Roasted Chicken & Green Salad (design yo...	$8.70
Ham & Green Salad (design your own)	$8.70

VALUE PACKS

Vegemite Sandwich, Popcorn & Blackcurra...	$10.70

SNACKS & DESSERTS

Chocolate Chip Cookie	$3.90
Choclate Cake	$3.90
Muffins	$3.90
Chocolate Brownie	$4.50
Weetbix Coconut Slice	$3.80
Gluten Free Cookies	$4.00
Yoghurt Large 225ml	$5.00
Yoghurt Small 100ml	$3.70
Fresh Fruit Salad	$7.20
Apple	$2.30
Banana	$2.50
Fresh Sliced Pineapple	$3.80
Kiwifruit	$3.00
Orange Fresh & Quartered	$3.80
Carrot Sticks	$3.40
Hummus	$3.80
Lime or Berry or Orange Jelly smal2	$2.80
Pita Crisps Small Bag	$4.10
Pretzels	$3.20
Vegetable Crisps	$2.80
Popcorn	$3.00

DRINKS

Water	$3.40
Mill Orchard Juices	$4.20
Milk 300ml	$3.60

Order online... www.ezlunch.co.nz

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Need help? Visit support.mykindo.co.nz or call toll free 0800 EZLUNCH (09-869 5200) 8am-4pm Mon-Fri (except public holidays)

ezlunch
MENU

Order online by 9am for delivery Tue, Thur, Fri

Cockle Bay School / Term 3 2023

SUSHI EDEN

4/65 Kerwyn Avenue
East Tamaki
Auckland
09-2730102

SUSHI AND RICE MEALS

3 x Vegetarian Sushi	$4.80
Rice Roll Teriyaki Chicken	$7.40
Rice Roll Salmon	$7.40
Rice Roll Sweet Chili Chicken	$7.40
3 x Plain Avocado Sushi	$4.80
6 x Plain Avocado Sushi	$8.60
Onigiri with either Tuna or Chicken	$5.20
3 x Teriyaki Chicken Sushi	$5.10
6 x Teriyaki Chicken Sushi	$9.10
3 x katsu Chicken Sushi	$5.10
6 x Katsu Chicken Sushi	$9.10
3 x Tuna Mayo Sushi	$5.10
6 x Tuna Mayo Sushi	$9.10
3 x Salmon Avocado Sushi	$5.50
6 x Salmon Avocado Sushi	$9.90
3 x Fried Prawn Sushi	$5.10
6 x Fried Prawn Sushi	$9.10
6 x Vegetarian Sushi	$8.90
Teriyaki Chicken with vege salad	$9.00
Teriyaki Chicken on rice	$8.80
Teriyaki Salmon on rice	$9.80
Vege Salad and salad sauce	$5.80
BBQ Pork Bun	$3.50
Teriyaki Chicken Bun	$3.50
Soy sauce	$0.20

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