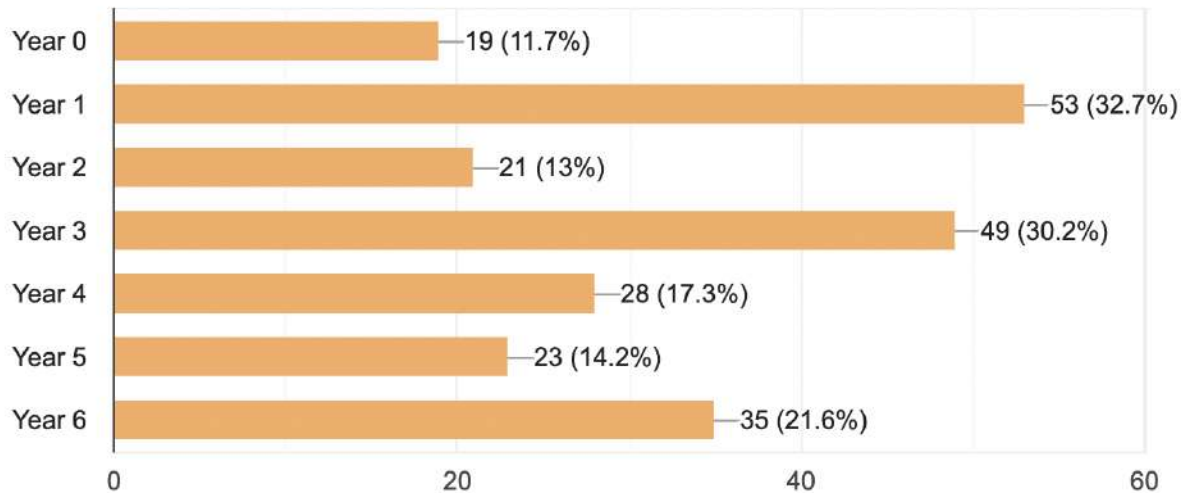


Analysis of Health and Wellbeing Consultation survey Completed August 2023

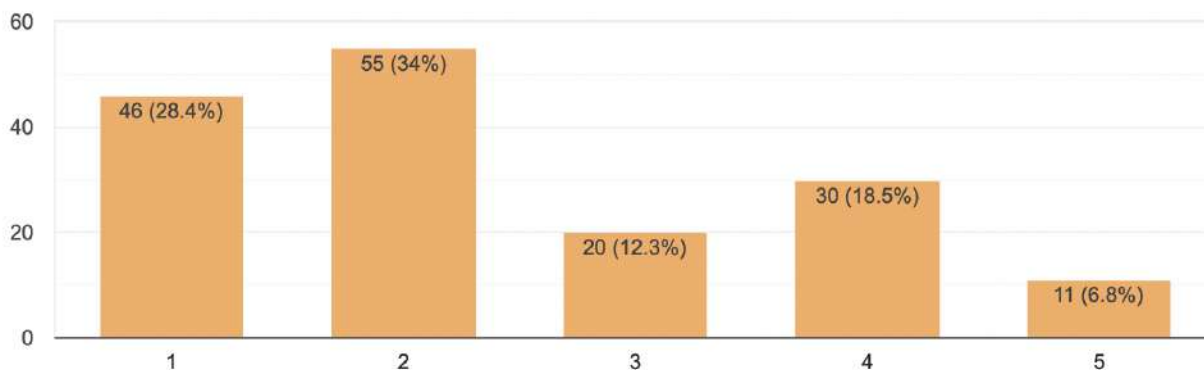
The survey was completed by 162 respondents.

I have children in the following year groups. Please select all that apply.



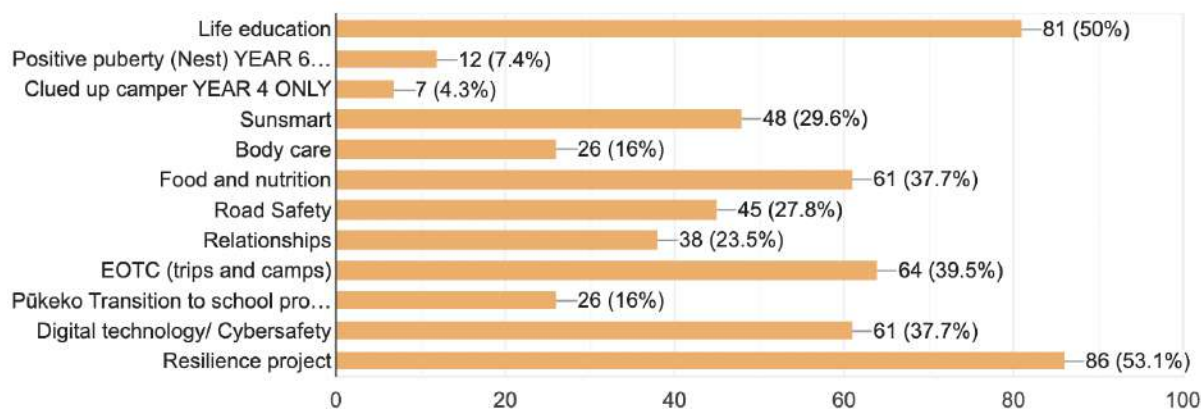
Please rank your overall satisfaction with our CBS Health and Wellbeing Curriculum
1= highly satisfied 5= highly dissatisfied

Overall 74.4% were neutral to highly satisfied



What 3 areas of the health curriculum are you most pleased with:

The top 5 areas in order of popularity are: Resilience project, Life Education, EOTC (trips & camps), food & nutrition, Digital technology



Are there areas (above) you think need improvement

We received 68 responses in total. The table below has grouped the main ideas

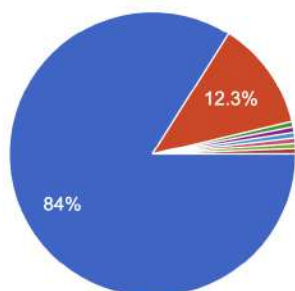
These topics had more than 1 response

- Road safety (8)
- No concerns/ happy with what is offered (6)
- Improved communication with parents, including reporting back on initiatives(5)
- Resilience project (5)
- Food and nutrition (5)
- Relationships/ friendships (4)
- Life education (3)
- Body care (2)
- Sun smart (2)
- Cyber safety (2)
- Unsure with what is being taught (2)

Presently we have specialist programmes in PE and Music which are offered to all students weekly. How valuable do you see these programmes

84% = extremely valuable

12.3% = somewhat valuable

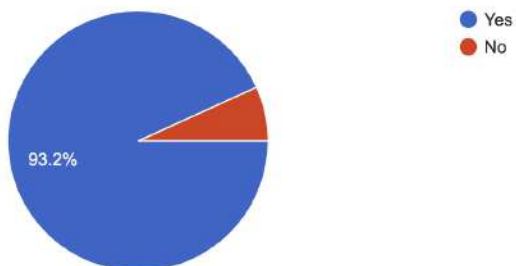


What other specialist programmes would you like to see offered at CBS? e.g.dance, drama, science, art, robotics..

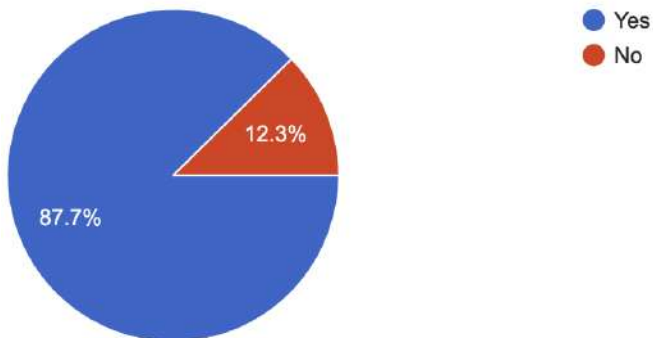
Respondents could add as many suggestions as they liked

Programme	responses
Science	54
Art	38
Drama	36
Dance	30
Robotics	24
Coding	9
STEM	4
Money/ financial literacy	2
Learning an additional language	2

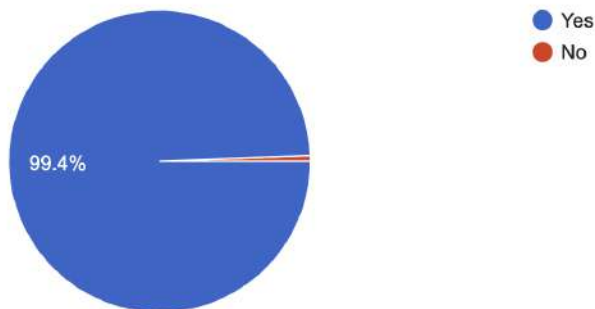
Do you want us to continue to have Nest Consulting provide Positive Puberty lessons to Year 6?



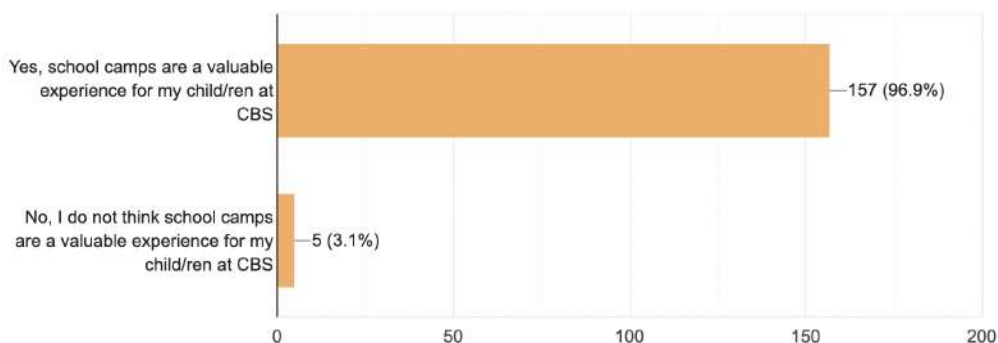
Would you like us to ask Nest Consulting (External provider) to provide a Year 5 programme about body image/ media and social influences/ managing stress/ prevention of bullying)?



Currently students spend time each week learning about positive emotions - gratitude, empathy and mindfulness. Would you like us to continue to make time each week for teaching positive mental health strategies at Cockle Bay School?

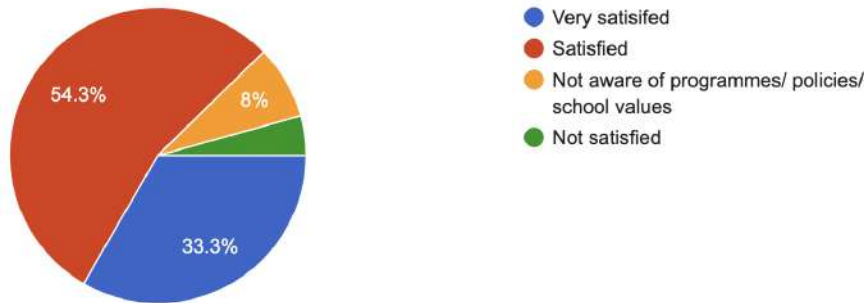


We offer school camps at Year 4, Year 5 and Year 6. Do you support school camp as part of our EOTC (Education Outside The Classroom) programme?

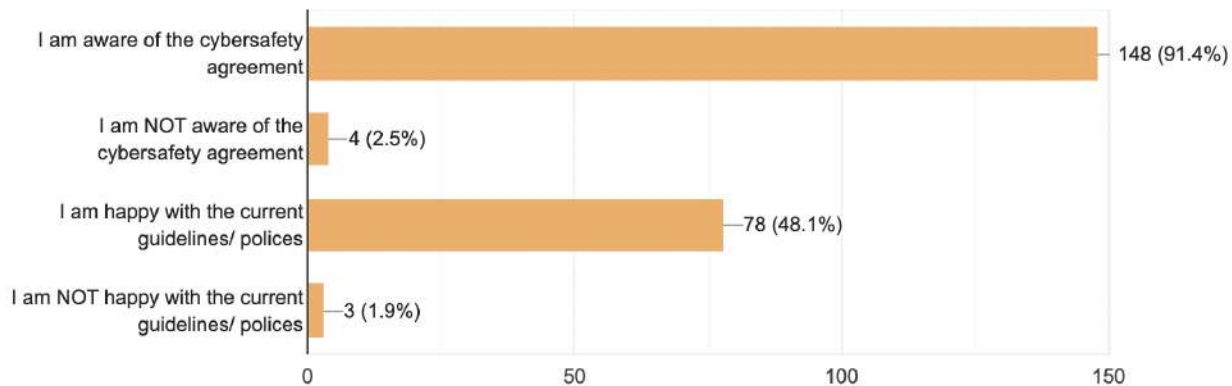


Are you satisfied with our prevention of bullying and whole-school approach to teaching positive behaviour through our school values and PB4L (Positive Behaviour For Learning) programme?

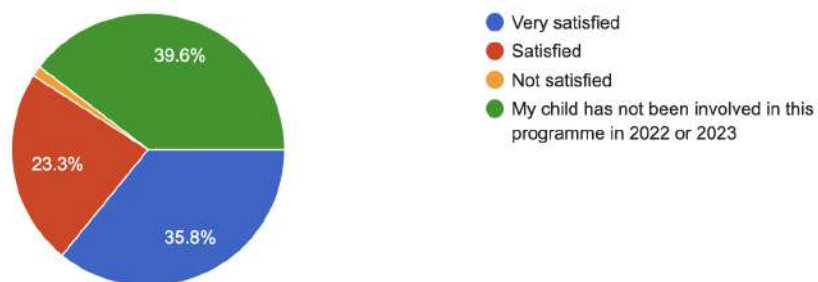
162 people responded in total. 87.6% (142) parents were very satisfied or satisfied, 8% (13) not aware and 4.3% (7) not satisfied.



We have clear expectations when students are working online and both students and parents need to sign a cyber safety agreement. Are you aware of our cybersafety agreement? Do you feel the cybersafety policies and agreement are sufficient to support children when working online. Please select all that apply.



Please tick which statement best describes your experience with the Pūkeko Transition to school programme.



What can we do better to ensure you and your children/ young people feel included and have a sense of belonging to the school community?

63 responses received

- Open mornings/ opportunities for families to be involved in school activities (7)
- Strategies to reduce playground incidents including greater communication with parents about the schools approach to behaviour management (6)
- More cultural activities/ programmes that celebrate cultural diversity (5)
- More encouragement/ opportunities for children to be part of sports/ clubs (4)
- Awards/ recognition/ representing the school/ student badges (3)

Is there any other feedback on our Health Curriculum that you would like us to consider?

Summary of comments:

Almost all of the following were single responses. The only one with more than 3 responses was for more information about the Puberty Programme

- More information about the content of the Puberty Programme
Please note prior to the Year 6 Positive Puberty Programme, parents will receive a letter outlining the programme content and will need to give permission for their child to be part of the programme. There will also be a parent evening to give more detail about the programme.
- Concerns around gender/ transgender
Please note this is not part of our current teaching programme
- Positive Puberty earlier in the year for Year 6, or consider for Year 5
- Sanitary bins available in Year 5 girls toilets
This has already been actioned
- Concerns around elements of the cybersmarties programme
- Teaching of consent and body safety
- Teaching of personal hygiene
- Daily mindfulness tasks
- More opportunities for children to join sports teams
- Teaching of food and nutrition

- Pleased with focus on holistic wellbeing for child rather than only academics
- Better follow-up on lunchtime incidents
- Continue to teach strategies to deal with anxiety/ mental health

Comparison between 2021 and 2023 Health Consultation

1. A similar number of parent/ caregiver responses in both years
2. Parents are more satisfied with our Health programme. In 2021 65% of responses were Highly satisfied to neutral compared to 75% highly satisfied to neutral with Health and Wellbeing at CBS
3. Top 3 aspects of the Health Curriculum parents are most pleased with stayed the same in both years - Life Education, EOTC/trips and camp and Cybersafety. Added extras of Resilience Project in 2023.
4. In 2021 85.5% of parents/ caregivers wanted Positive Puberty sessions in **Year 6** and this increased to 93% in 2023
5. In 2021 47% of parents/ caregivers wanted Positive Puberty sessions in **Year 5** to 88% in 2023

Based on the feedback we have received we would like to take the following actions

There is a lot of affirmation for our Health and Wellbeing programme as a whole. This has been such useful feedback for our review and planning purposes.

The following are investigation or action points for us:

Clear, regular communication of what is being taught in Health each term for each team (Team newsletters)

Positive Behaviour for Learning (PB4L) focus for the week shared with parents in the school newsletter

When new initiatives are introduced we will share the review and evaluation information

Provide more detailed information about how behaviour is managed across the school

More open mornings and opportunities for parents to come in to CBS

Cultural days and celebrations of all our cultures

Continue to provide clear, timely communication